

FOUR CORNERSTONES

All of the world's great structures were built on solid foundations. Indeed, the quality of a foundation means the difference between a trophy or a tear down.

There are *Four Cornerstones*™ of all great pursuits, summed up as *Me We Do Be*™.

- *ME* habits improve the quality of our thinking and mental illumination
- *WE* habits build our relationships
- *DO* habits advance our health, finances, and living space
- *BE* habits involve setting goals, managing our time, and elevating to a new level

Just as one bad habit can take root to spread out and cause a disaster, so can one good habit ripple out and create dynamic positive change.

