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THE SIX STEPS OF GOAL SETTING

		Date:	
	Task:		Due:

The six steps of goal setting are ① state the goal in writing, ② set a written due date, ③ list all tasks that must be completed to achieve goal, ④ prioritize each task, ⑤ set a due date for each task, and ⑥ check off each task as it's completed. ©2019 Core IQ. All rights reserved.

