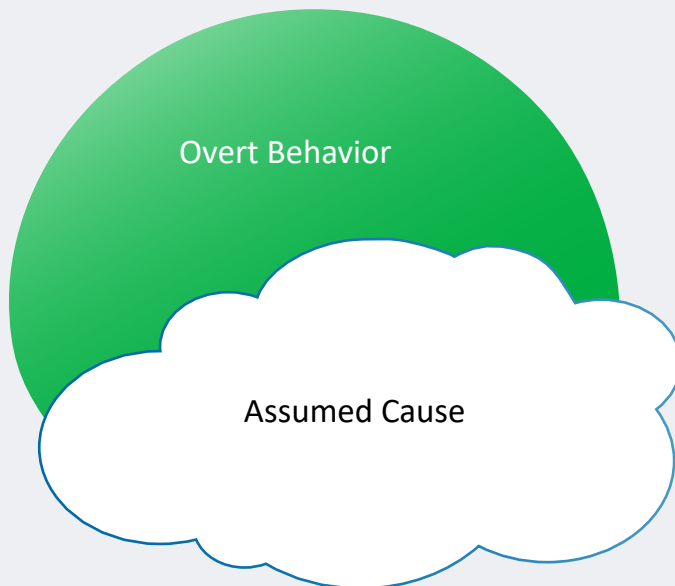
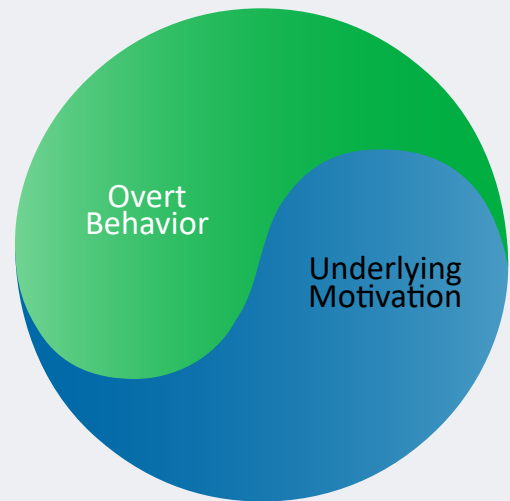


The Over-Under Principle suggests that for every overt behavior, there is a positive underlying motivation. It establishes understanding between a person engaged in behavior and the person being acted upon.



Every behavior, good or bad, has an underlying positive motivation. We must let go of our assumed causes for behavior and identify and sympathize with the underlying motivations to effectively problem solve.