THRIVING BEHAVIORS WORKSHEET

Skill 14
Be Cornerstone: Developmental
CorelQ.com

| 1. What thriving behaviors do you have? |
|---|
| , |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| 2. What toxic behaviors do you have? |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| 3. How can you turn your toxic behaviors into thriving behaviors? |
| |
| |
| |
| |
| |
| |
| |
| |

